

The Reset Library Guide

How to reuse this system as life changes.

This system is not meant to be finished.

It's meant to be **returned to**.

You can come back to this course:

- during busy seasons
- after disruptions
- when routines break
- when overwhelm returns

You don't need to start over.

How to Use This System Long-Term

- ✓ Return to it when things feel crowded
- ✓ Reuse worksheets when needed
- ✓ Ignore what no longer fits
- ✓ Adapt without guilt

You don't need more systems.

You need one you can come back to.

This is that system.